

Our Executive and Organizational Coaching Practice

We've heard it for years: "I'd love to be able to bounce ideas back and forth with you." "You are good listeners." "I'd never thought of it that way!" For years, our team has been working with clients in a coach-like capacity and so we've taken a dive into the deep end of coaching.

What is Coaching?

The International Coaching Federation frames coaching as *"partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential."*

How is Coaching Different from Facilitation or Teaching?

Coaching centers around individual growth, empowerment, and development. The process of coaching often unlocks previously untapped sources of imagination, productivity and leadership. Coaching is not counselling, providing advice, or directing action.



Facilitation is about creating an environment for collaboration within a group or team, often centered around a specific task, problem, or project. The facilitator often helps with meaning-making, interpretation and defining the next steps.



Teaching involves imparting knowledge and skills to learners and unlike facilitators and coaches, teachers are not neutral. They actively guide and instruct.



Consulting involves a scope of work, providing advice, actioning tasks and deliverables. Definitely not coaching!

Why Coaching?

Are you curious about how coaching can support you in the fields of engagement, communications, or change management? Looking for a coach to support you with personal and professional growth? We work with our clients to achieve their unique, personal goals and growth opportunities.

We will work with you to identify focus areas that are meaningful and unique to you. Some possible themes addressed during coaching include:



- Do you have a goal that you want to work towards?
- Do you have recurring professional challenges that you want to discuss and overcome?
- Is there a gap between where you are and where you want to be?
- Do you want to build more meaningful connections or advance inclusive and more equitable engagement?
- Are you interested in growing as a leader?

Book a Discovery Meeting

Book a discovery meeting by sending an email to coach@engagedelaney.com, or connect with Kristi@engagedelaney.com or Jessica@engagedelaney.com with a brief introduction of yourself, what areas you would like to explore with a coach, and your availability for a 30-minute introductory session.